# **CALL FOR CASE STUDIES: Developing Prevention Concordat for Better Mental Health at a Local Level to Enable Equality of Outcomes**

**Background**

Association of Mental Health Providers, as leads of the Mental Health Consortium, are leading a Health and Wellbeing Alliance work programme on the Prevention Concordat and the Voluntary Sector Contribution. Working alongside 15 Alliance partners, we are developing a resource on ‘Health Inequalities and Fairer and Equitable Society’, which will collate sources of information and analysis to create a better understanding of the breadth of the issues related to mental health prevention for protected groups and provide case study examples from which there can be shared learnings. In addition to the case studies, each partner will highlight the specific issues related to increasing equity and reducing health inequality for their group and outline the VCSE’s role in prevention, with actions and recommendations for commissioners and providers.

The Prevention Concordat for Better Mental Health Programme aims to facilitate local and national action around preventing mental ill-health and promoting good mental health. A set of resources have been developed to help local areas to put in place effective prevention planning arrangements.

**How to respond**

Using this template, please share any **examples of work being undertaken currently or previously on the prevention of mental health conditions and the promotion of good mental health, with a focus on health equalities and inequalities.** We will share a range of practice examples in the resource, which can be from a provider or lived experience perspective. By following this format, examples can also be submitted to PHE for review and inclusion in their practice examples collection. Sub-questions are for guidance only and are not mandatory.

If you have multiple examples that you would like to share, please complete a separate template for each practice. If the information in any of the sections is not available, please leave them blank.

Please return any examples to Dania by **Friday 16 November 2018.** If you have any questions about the project, please contact Dania.

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| CALL FOR PRACTICE EXAMPLES - Developing Prevention Concordat for Better Mental Health at a Local Level to Enable Equality of Outcomes |
| Title and author *What is the title of this practice example? Who is the author?* *You can also include the names of the responsible organisation(s), any co-authors and funding sources in this section.* |  |
| Brief summary [Word limit: 140 characters with spaces]*Please can you summarise this practice example in no more than 3 sentences? This summary may be used in a stand-alone form to describe the project. Readers will be able to link from this to the rest of the practice example.*  |  |
| What was the timescale for the project? [Word limit: 20]*When did this project start and if complete when was it completed?* |  |
| What was the setting and population covered? [Word limit: 100]*Where did this project take place and can you briefly describe that place? E.g. town, county* *Did the project take pace in a particular setting? E.g. hospital, school**Who was included in the project? E.g. Sex, age, other demographic characteristics* *Were there any inclusion or exclusion criteria?* |  |
| What were we seeking to achieve? [Word limit: 100]*What was the purpose of the project? If a research project what were the specific research questions asked?*  |  |
| Why did we decide to take action? [Word limit: 100]*What led to this project taking place? Was the project informed by a particular health need?* *Were there particular political or social factors which influenced the initiation of this project?**Did this project follow any specific related projects?*  |  |
| What did we do? [Word limit: 200]*Please include details which might be useful for others wanting to conduct similar projects.**Who did what? What other parties were involved?* *Was there any citizen, client, patient involvement in the project?* *If a research project please what were your research methods?*  |  |
| Why did we choose this approach? [Word limit: 100]*What was the thinking as the project was planned and evolved?* *How did constraints on the project e.g. budget / time impact the approach chosen?* *Are there any particular limitations to the approach used?*  |  |
| What was the outcome? [Word limit: 200]*What was the primary outcome of the project?* *What other benefits and costs were there?**How were these assessed and, if quantitative, measured?*  |  |
| What did we learn? [Word limit: 500]*This is the most important part of this practice example. Please share in your own words the most important things which were learnt from undertaking this project.* *What do you think went well? What do you think didn’t go so well?* *Including learning about the challenges you needed to overcome to complete this project will help others to prepare for and if possible avoid unnecessary challenges when they undertake similar projects.* *What do you think is most transferable to other projects, other people and other places?**Was there any formal evaluation of the project? Was there any peer review of this project?* |  |
| What is the single most important one line of advice which we can give to others starting a similar project? [Word limit: 20] |  |
| What is happening next with this work? [Word limit: 100]*In the short term? In the medium term? In the long term?*  |  |
| Where can people find out more? [Word limit: 100]*Do you have any links for further information on this project? E.g. project website, project report, related publications or multimedia.* *Are there any key references which informed this project?*  |  |
| Can this case study be included in our final materials for publication?If yes, please also provide contact details to be included in the online resource (website address / email / phone number). | **Yes/No (delete as appropriate)** |
| Would you be willing for the Health and Wellbeing Alliance to use your case study at a learning event and/or on social media? |  |
| Would you be willing for PHE to share your practice example?  | **Yes/No (delete as appropriate)** |
| Please provide any relevant testimonials and images (with media consent, in order to publish in the resource) |  |
| Please provide contact details so that we may approach you for further information *(any personal contact details will only be used for the purposes of collecting the evidence required for the project and will not be shared).* |  |

**Thank you for completing this call for evidence.**